

## Bruno

Bruno is a construction worker who is 24 years old. He came to Ireland five years ago from Latvia to seek employment as a construction worker. Following a fall on the construction site, he had head injury with left sided hemiplegia. He has moderate cognitive impairment as a result of frontal lobe injury. He has reasonable English language skills and converses easily with his colleagues in a work setting. At home with his girlfriend Alise, they speak in Latvian

After spending six weeks in the rehabilitation hospital Bruno is now fully independent in personal care activities and is ready to return to live in his rented cottage on the outskirts of a small town with his girlfriend. They have 18 month old twin daughters. Bruno is now unemployed (his former employer has recently gone into liquidation). Bruno's girlfriend is also unemployed (she worked previously in a clothing store but ceased working following the birth of the twins) and is unable to drive. Bruno is not sure whether he will be able to drive when he returns home.

Bruno likes to play soccer, go to the gym and go fishing. Bruno has many friends in the area and likes to visit the local pub with them. He has increased tone in his left upper limb. He is able to walk without a noticeable limp but he is not able to run or carry heavy objects.

He worked in the same construction job since coming to Ireland 5 years ago. He has minimal computer skills and always enjoyed working outdoors. Bruno is hopeful that he might be able to return to work in construction in the future.

### **1. Assessment – Occupational performance components & areas**

2. Assess problem solving, decision making judgement assessment through shopping
3. Guidelines from the RSA – on driving – Slainte and Tiomaint (attached)
4. Living in the country – potential for isolation – driving –
5. Location – isolation – what services are available – Headway? ABI?
6. Establish capacity for work
7. Upper limb assessment – triggers for UL tone – functional use of UL
8. Liaison with physio
9. Body image changes
10. Role change and role loss
11. Entitlements -
12. Home – Noise, tolerance, fatigue, stress

13. Focus on ADL and home life initially
14. What support is available to them? Childcare? Extended family ?
15. Emotional support open to both Bruno and partner
16. Education on brain injury – personality and behavioural changes
17. Fatigue assessment / education
18. Activity scheduling – include rest times – 30 min break time to prevent irritability and fatigue
19. Education for friends re brain injury and distractibility/ impulsivity
20. Determine expectation about recovery
21. Risk and safety assessment -
22. More information about background – realistic long term aim
23. On road driving assessment –
24. Finances for driving
25. Explore education options – computer skills –
26. Intervention – upper limb rehabilitation
27. Upper limb rehab through computer skills / education
28. Leisure checklist, inventory – re-engagement with leisure
29. Re-establish friendships
30. Multiple risks – low mood, lack of social contact, routine change,
31. Domestic ADLs
32. Driving assessment – specialist assessment – cog impairment and tone changes.
33. Neuropsychological assessment required – challenge with non-English language speaker
34. Behavioural consequences
35. Occupational injury
36. Riverhead perceptual assessment – consider language skills
37. Frontal Assessment Battery (FAB) – consider language skills
38. Girlfriend would be valuable source of info – insight
39. Limitations in parenting

40. Change in role for girlfriend
41. Plans at time of accident – plans to return home.
42. English proficiency disadvantage
43. Explore alternatives to construction
44. Linking them in with support groups – ABI – education for families and clients – meet others in similar situation
45. Reconnect with leisure
46. Determine his daily routine - diary keeping
47. Fishing rod - adapted – reconnect with leisure  
<http://www.adaptiveoutdoorsman.com/handicapfishing.html>
48. Restrictions in construction sector - 3000000 construction workers out of work – highly competitive – very limited option in this sector
49. Consider English language / computer classes
50. Suggested film that explores family experiences of brain injury you tube clip – (divided into six clips)  
<http://www.youtube.com/watch?v=qxFne2txAXs>
51. Description of show  
[http://en.wikipedia.org/wiki/Recovery\\_\(TV\\_drama\)](http://en.wikipedia.org/wiki/Recovery_(TV_drama))
52. QUEST – sheltered / supported employment – personal development courses- education options.
53. Work for you imitative - ABI
54. National Learning Network. – education options
55. Prevocational focus required
56. COT recommend that the new version of the Addenbrook be used
57. Addenbrook – Screening
58. Rivermeade memory version 3
59. MoCA
60. BADS – Behavioural Assessment of the Dysexecutive Syndrome
61. R BANS- Repeatable Battery for the Assessment of Neuropsychological Status

62. COTNAB

63. CAMS

64. Test of everyday attention TEA

65. LOTCA

66. Assessment of vision -

67. Social worker – re housing and entitlements - financial stress – Citizens Information Bureau